

Cross-cultural studies have demonstrated that in societies where infants are held, massaged, rocked, breastfed and carried, adults are less aggressive and violent, more cooperative and compassionate. Dr. Mindell is ignoring nearly 100 years of credible research findings that negate this "smart and healthy science" that your magazine so claims. Dr. Mindell's report further ignores some of the the most respected leaders in child and family wellness our world has to offer: Drs. Margaret Meade (landmark anthropologist), John Bowlby (the father of attachment), Allan Schore (Professor - Department of Psychiatry and Biobehavioral Sciences, UCLA David Geffen School of Medicine, and at the UCLA Center for Culture, Brain, and Development), William Sears (The Baby Book and father of Attachment Parenting), Bruce Perry (internationally-recognized authority on children in crisis) and the work of many others who, thousands of research citations later, have repeatedly confirmed that how children are cared for influences how they grow up to care for others, for themselves and, one day, their own children.

"If 20 million people were infected by a virus that caused anxiety, impulsivity, aggression, sleep problems, depression, respiratory and heart problems, vulnerability to substance abuse, antisocial and criminal behavior, retardation and school failure, we would consider it an urgent public health crisis.

Yet, in the United States alone, there are more than 20 million abused, neglected and traumatized children vulnerable to these problems. Our society has yet to recognize this epidemic, let alone develop an immunization strategy." Bruce Perry, MD, PhD

It seems that Dr. Mindell needs a good cry and a good hug from a good person, so that she may be reminded that she is not alone in this world of uncertainties. Furthermore, it seems that Time Magazine needs to re-examine their sense of responsibility in the quality of information offered to families who rely on you for reliable guidance. Here is an opportunity to empower families in their roles as caregivers and nurturers - to help them realize their child's innate potentials for compassion and empathy - to be the kind of citizens our world needs. Please reconsider the impact a message like this can have for future generations.

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